



Angela Bizzarri

Sport: Cross Country

School: University of Illinois

Hometown: Mason, Ohio

Accomplishments: Angela won the 2009 NCAA Cross Country National Title by smashing her previous personal-best, finishing the 6K race with a time of 19:46. This strong athlete also won the NCAA Midwest Regional Championship individual title. For outdoor, Bizzarri took third in the 5,000m at the USA Championships, was the NCAA Champion in the 5,000m. At the Big Ten Outdoor Championships, she won her first Big Ten Title by placing first in the 5,000m. And to add to her list of accomplishments, she was Illinois' top performer at the Big Ten Indoor Championships. She has earned All-America honors, All-Region honors and first team All Big Ten honors for fourth straight year in a row. Bizzarri was named the National Cross Country Athlete of the Year by the U.S. Track and Field and Cross Country Coaches Association and named the Midwest Region Athlete of the Year. The Honda Sports Award for Cross Country was presented to her and for the second year in a row awarded the Dike Eddleman Award as the University of Illinois Female Athlete of the Year. Angela has earned All America honors in cross country, indoor track and outdoor track for the second year in a row and has a total of eight accolades in her career. ESPN the Magazine named Angela to the second team Academic All-American and she was listed for the Academic All-Big Ten.